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Project n° 2020-1-FR01-KA204-080200

Project start date : 01-10-2020

Project total duration : 24 months

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# ARTIVATE

## Art Therapy Based Psychoeducation to support the participation of adults with Learning Disabilities in Adult Education

Erasmus+ Strategic partnership for adult education

Co-funded by the Erasmus+ Programme of the European Union



## CONTEXT

**LEARNING DISABILITIES (LD) affect approximately 5% of school-aged children globally (WHO, 2015).**

However, some researchers have argued that the true prevalence could be as high as 15–20%. LD may interfere with literacy skills and mathematics development. As writing and mathematical skills are usually essential to perform routine daily activities, the effects of LD can continue throughout adulthood. This may also have an impact on opportunities for employment. Furthermore, the frequent co-existence of two or more LD within the same individual makes the picture even more complex.

## OBJECTIVES



The ARTIVATE project aims to foster the implementation of Art Therapy Based Psychoeducation to support the participation of adults with Learning Disabilities in Adult Education.



PSYCHOEDUCATION METHODOLOGY supports and aims to reinforce the development of KEY COMPETENCES, particularly social and learning to learn competences. The Artivate project will create innovative Art Therapy tools to support the participation of adults with Learning Disabilities in Adult Education.

To this purpose, a partnership of seven European organisations from France, Spain, Greece, Ireland, Portugal and Poland, experts in the fields of Art Therapy, Adult Education and Learning Disabilities, are working together to analyse common NEEDS in the different countries with regard to adults learners with learning disabilities, target groups to support the implementation of Art Therapy Based Psychoeducation by Adult Education teachers and health care professionals, and target users of the project products.

## PROJECT TARGET GROUP

- Adult Education teachers and health care professionals
- Adults with Learning Disabilities in Adult Education
- RELEVANT STAKEHOLDERS at regional, national or European level

## PROJECT EXPECTED RESULTS

Art therapy has great potential as an innovative approach to foster the participation of adults with LD in Adult Education.

The ARTIVATE partnership will address the needs of the target group needs by co-creating a set of innovative outputs and ICT-based solutions, including a

- Matrix of Competences,
- an Online Campus
- and a Practical Set of Activities addressed to Adult Education teachers and health care professionals.